



*"My happiness has changed.
We were not happy before but now
I'm extra happy as home is calmer and dad
is feeling better about me.
I can just sense it"*



What families said...

"I felt accepted immediately by my Link Worker and was able to relax even though I have anxiety"

"It's been good to have someone to share the problems with who is objective but not judgmental."

"I wanted a happier home but I was treading on eggshells, now we do family activities and I'm enjoying the children."

The Link Worker has worked with both of us and this helped us both know how to help our son and know how to respond"

"Amazing support and I would recommend to others."

Want to know more?
Speak to someone at your school

or

Give us call on
0330 20 20 730

and ask for the

Thriving Families Team

or

Email

thrivingfamilies@vennture.org.uk

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by the DWP*

Vennture

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Thriving Families



Information for Parents

Helping families
to help themselves

Where we can help...

- Are you losing confidence in parenting and sometimes not agreeing on what is best?
- Are you facing a significant change (e.g. relationship breakdown, or just moved) and it is impacting on your children?
- Do you or your children have health or special educational needs that are making things difficult?
- Is one parent away for long periods of time with work?
- Is money tight and causing additional stress?



- Do you feel like no-one is listening... or that you are struggling to cope?

Vennture support...

We know being a parent is the hardest job we ever have, and parenting together can be difficult with all the modern-day pressures.

Vennture is a local, independent charity which seeks to help people when they need just that little bit of extra support.

When things are not going well, parenting can be very lonely. This is why Vennture offers family support, and someone to 'walk alongside you', to help you reach the goals you want for your children.

“You have helped us talk through some difficult things—things are now much calmer at home and we are parenting better together ”

We don't offer a quick fix...

but we do commit to being with you through the ups and downs....

We will listen, encourage and support you as you guide your family to where you want to be.

We are here to help you help yourselves.

Typically, our support lasts for 6 months, but many families enjoy having some phone support for longer – or just ring for a catch up!

Your cooperation ...

If you work with us then you sign an agreement and commit to meeting regularly with your Link Worker.

We will meet you weekly for about an hour to share how the week has gone and give you some tips how to move forward.

Each week, your family chooses and works towards a small, achievable 'step'.



Just give us a call if you need to re-arrange your visit.

“ Having someone to talk things through and help me reflect on what's going well has been really helpful. I've learnt new strategies how to deal with the children”