

EXPLORING PSHE in the EYFS

How do we provide a foundation of PSHE skills and knowledge in the EYFS?

Early Learning Goals (linked to Personal, Social and Emotional Development)	Specific learning to Leintwardine Endowed CE School	How might this look like in our Early Years provision?
<p>Children at the expected level of development will:</p> <p>Self-Regulation:</p> <ul style="list-style-type: none"> • Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. • Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions <p>Managing Self:</p> <ul style="list-style-type: none"> • Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. • Explain the reasons for rules, know right from wrong and try to behave accordingly. • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. <p>Building Relationships:</p> <ul style="list-style-type: none"> • Work and play cooperatively and take turns with others. • Form positive attachments to adults and friendships with peers. • Show sensitivity to their own and to others' needs. 	<p>Relationships</p> <ul style="list-style-type: none"> • Children have the opportunity to build relationships before starting at Leintwardine School through a series of transition sessions, parent/child sessions and staff visiting the children at nursery or home. • Mental Health and Well-being week. • Anti-bullying week • Being involved in weekly key stage and whole school worships. • Parent stay and learn sessions • Health and Well-Being • Discuss how they are feeling by using texts such as 'The Colour Monster', 'Ruby's Worry', etc. • Use the bikes/scooters and road safety equipment on the outside track to develop road safety. • Buddies with year 5 children who they spend time with. • Having visitors to school to support road safety and dental hygiene • Celebration Assembly • Healthy School for snacks (and Fun Friday). <p>Living in the Wider World</p> <ul style="list-style-type: none"> • To be part of the Leintwardine Primary School community, St. Mary Magdalene Church community and Leintwardine village community. • To help look after the school grounds through litter picking and gardening. • To have the opportunity to be part of the school community through specific roles and responsibilities: Learning Ambassador, Student Council and Eco Committee. 	<ul style="list-style-type: none"> • Opportunities for social talk in everything that we do. • Making a family tree. • Discussing how we are feeling. • Negotiating and having discussions when we have different ideas to others. • NELI support intervention for language development. • Role Play areas e.g. home corner, doctors. • Taking turns and sharing in play and board games. • Mental health week – looking after ourselves and our friends. • Making friendship bracelets. • Making cards and writing letters to our friends. • Appreciating and celebrating ours and others successes. • Hand washing activities. • Daily tooth brushing after lunch • Stories on keeping healthy e.g. Lazy Ozzie, Smile Crocodile, My Body, Can't you Sleep Little Bear? • Healthy snack time. • Cookery experiences with healthy foods. • Road safety activities on the outdoor bikes (wearing helmets). • Visiting St. Mary's Church. • Making maps of our local area and speaking to local people. • Welcoming local visitors into school • Gardening sessions. • Environmental sessions – litter picking, looking after our world. • Recognising coins and using money. • P4C sessions • Caring for animals and creatures – chicks, butterflies, etc.