# Leintwardine Endowed CE Primary School Learning Journey Key

'Letting Our Light Shine'

SUBJECT: PSHE YEAR: A TERM: Summer 2 YEAR GROUPS: 5/6

# Key Question: What will I experience while growing up?

Vocabulary to Use Question How do our reproduction, male, female, penis, hodies vagina, breasts, testicles, testes, change when testosterone, hormones, sperm, shape, weight, voice change, periods, we grow up? How do our erections, wet dreams, masturbation, discharge, acne, body emotions change when odour, emotions, vulva, nocturnal we grow up? emissions, emotions, feelings, sexual, sex, mood swings, anger, uncomfortable, difficult, lonely, What is being confused, sad, nervous, stressed, crush, body image, self-esteem, 'individual'? beauty, media, advertising, ideal, appearance, stereotype, positive, negative, representative, society, heterosexual, gay, lesbian, bisexual, Are there sexual orientation, society, race, age, different civil partnership, commitment, tupes of sexual, sexually transmitted relationships? infection, intercourse, reproduction, heterosexual, bisexual, homosexual, penis, vagina, egg, safe sex, consent, conceive, conception, condom, What is sex? contraception, contraceptive pill, rape, incest, legal, illegal, crush, How do fancy, physical, contact, zygote, humans embryo, foetus, umbilical cord, reproduce? placenta, amniotic sac, nutrients, labour, vaginal birth, caesarean section (C-section), amniotic fluid, fertilise, umbilical cord

## heterosexual

the same as 'straight' a man who is attracted to women, or a woman who is attracted to mer

## bisexual

attracted to other

### transgender

someone whose gender dentity (how they feel) is different from the sex ney were registered with at birth

> he term 'sex' can mean whether a person's body is

nale or female, according to

heir genes and male or female

Information which will help me

## cisgender

a person born female who identifies as a woman, or a person



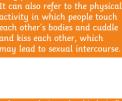
The female body gets curvier, as the hips get wider and breasts develop.



The female body makes and stores eggs in the ovaries. When these are not fertilised, they leave the body. This is called menstruation or 'periods'.

nder-arm hair and pubic hair (hair ound the genitals) begins to grow

nceived (made), it might. If a heterosexual couple want to have sex t do not want to make a baby, they can use contraception to stop the











round the genitals) begins to grow





If you have a penis, you might ejaculate

Sometimes, people

are made to look

taller, thinner or

than they are in

real life.

semen (the fluid containing sperm) from

If you have a vulva, you might notice it becomes wet in the night from some discharge.

your penis in the night.

> name physical changes young people will experience during pubertu?

Can I ....?

- > describe emotional changes young people might experience during puberty?
- > explain that there is no such thing as a perfect body?
- > list things that all loving relationships have in common?
- > explain what a sexual relationship
- > understand that some infections can be passed on during sexual intercourse and contraception can prevent this.
- > explain how babies are conceived and how they are born? > identifu someone I can talk to about my
- changing body? > explain the laws around sexual

relationships?



The male body grows taller

and broader and becomes

more muscular.

Facial hair begins to grow.



hormone testosterone and sperm in the testes (testicles). Boys' voices break and get deeper.