

Leintwardine Endowed CE Primary School Learning Journey Key

'Letting Our Light Shine'

SUBJECT : PSHE

YEAR : A

TERM : Summer 2

YEAR GROUPS : 5/6

Key Question: What will I experience while growing up?

Question	Vocabulary to Use	Information which will help me	Can I....?
How do our bodies change when we grow up?	reproduction, male, female, penis, vagina, breasts, testicles, testes, testosterone, hormones, sperm, shape, weight, voice change, periods, erections, wet dreams,	<div data-bbox="766 395 943 528"> <p>heterosexual</p> <p>the same as 'straight' — a man who is attracted to women, or a woman who is attracted to men</p> </div> <div data-bbox="958 395 1135 528"> <p>lesbian</p> <p>a woman who is attracted to other women</p> </div> <div data-bbox="1151 395 1328 528"> <p>gay</p> <p>a man who is attracted to other men or a woman who is attracted to other women</p> </div> <div data-bbox="1361 405 1576 592"> <p>The female body gets curvier, as the hips get wider and breasts develop.</p> </div> <div data-bbox="1592 405 1821 544"> <p>The female body makes and stores eggs in the ovaries. When these are not fertilised, they leave the body. This is called menstruation or 'periods'.</p> </div>	<ul style="list-style-type: none"> > name physical changes young people will experience during puberty? > describe emotional changes young people might experience during puberty? > explain that there is no such thing as a perfect body?
How do our emotions change when we grow up?	masturbation, discharge, acne, body odour, emotions, vulva, nocturnal emissions, emotions, feelings, sexual, sex, mood swings, anger, uncomfortable, difficult, lonely, confused, sad, nervous, stressed, crush, body image, self-esteem, beauty, media, advertising, ideal, appearance, stereotype, positive, negative, representative, society, heterosexual, gay, lesbian, bisexual, sexual orientation, society, race, age, civil partnership, commitment, sexual, sexually transmitted infection, intercourse, reproduction, heterosexual, bisexual, homosexual, penis, vagina, egg, safe sex, consent, conceive, conception, condom, contraception, contraceptive pill, rape, incest, legal, illegal, crush, fancy, physical, contact, zygote, embryo, foetus, umbilical cord, placenta, amniotic sac, nutrients, labour, vaginal birth, caesarean section (C-section), amniotic fluid, fertilise, umbilical cord	<div data-bbox="766 549 943 681"> <p>bisexual</p> <p>a person who is attracted to both men and women</p> </div> <div data-bbox="958 549 1135 681"> <p>transgender</p> <p>someone whose gender identity (how they feel) is different from the sex they were registered with at birth</p> </div> <div data-bbox="1151 549 1328 681"> <p>cisgender</p> <p>a person born female who identifies as a woman, or a person born male who identifies as a man</p> </div> <div data-bbox="1532 683 1816 730"> <p>Under-arm hair and pubic hair (hair around the genitals) begins to grow.</p> </div>	<ul style="list-style-type: none"> > list things that all loving relationships have in common? > explain what a sexual relationship is?
What is being an 'individual'?	heterosexual, gay, lesbian, bisexual, sexual orientation, society, race, age, civil partnership, commitment, sexual, sexually transmitted infection, intercourse, reproduction, heterosexual, bisexual, homosexual, penis, vagina, egg, safe sex, consent, conceive, conception, condom, contraception, contraceptive pill, rape, incest, legal, illegal, crush, fancy, physical, contact, zygote, embryo, foetus, umbilical cord, placenta, amniotic sac, nutrients, labour, vaginal birth, caesarean section (C-section), amniotic fluid, fertilise, umbilical cord	<div data-bbox="969 719 1227 938"> <p>The term 'sex' can mean whether a person's body is male or female, according to their genes and male or female body parts. It can also refer to the physical activity in which people touch each other's bodies and cuddle and kiss each other, which may lead to sexual intercourse.</p> </div> <div data-bbox="1335 759 1821 839"> <p>Although sexual intercourse doesn't always mean that a baby will be conceived (made), it might. If a heterosexual couple want to have sex but do not want to make a baby, they can use contraception to stop the female becoming pregnant.</p> </div> <div data-bbox="766 823 943 1054"> <p>The male body grows taller and broader and becomes more muscular.</p> </div> <div data-bbox="969 1023 1249 1070"> <p>Under-arm hair and pubic hair (hair around the genitals) begins to grow.</p> </div> <div data-bbox="1249 855 1518 983"> <p>zygote embryo foetus</p> </div> <div data-bbox="1525 895 1845 1182"> <p>Sometimes, people are made to look taller, thinner or more muscular than they are in real life.</p> </div>	<ul style="list-style-type: none"> > understand that some infections can be passed on during sexual intercourse and contraception can prevent this. > explain how babies are conceived and how they are born? > identify someone I can talk to about my changing body?
Are there different types of relationships?	heterosexual, gay, lesbian, bisexual, sexual orientation, society, race, age, civil partnership, commitment, sexual, sexually transmitted infection, intercourse, reproduction, heterosexual, bisexual, homosexual, penis, vagina, egg, safe sex, consent, conceive, conception, condom, contraception, contraceptive pill, rape, incest, legal, illegal, crush, fancy, physical, contact, zygote, embryo, foetus, umbilical cord, placenta, amniotic sac, nutrients, labour, vaginal birth, caesarean section (C-section), amniotic fluid, fertilise, umbilical cord	<div data-bbox="1256 1023 1491 1254"> <p>Uterus Placenta Umbilical Cord Amniotic Sac Cervix Amniotic Fluid Vagina</p> </div>	<ul style="list-style-type: none"> > explain what a sexual relationship is?
What is sex?	heterosexual, gay, lesbian, bisexual, sexual orientation, society, race, age, civil partnership, commitment, sexual, sexually transmitted infection, intercourse, reproduction, heterosexual, bisexual, homosexual, penis, vagina, egg, safe sex, consent, conceive, conception, condom, contraception, contraceptive pill, rape, incest, legal, illegal, crush, fancy, physical, contact, zygote, embryo, foetus, umbilical cord, placenta, amniotic sac, nutrients, labour, vaginal birth, caesarean section (C-section), amniotic fluid, fertilise, umbilical cord	<div data-bbox="1491 1209 1861 1289"> <p>If you have a penis, you might ejaculate semen (the fluid containing sperm) from your penis in the night.</p> </div>	<ul style="list-style-type: none"> > explain how babies are conceived and how they are born? > identify someone I can talk to about my changing body?
How do humans reproduce?	heterosexual, gay, lesbian, bisexual, sexual orientation, society, race, age, civil partnership, commitment, sexual, sexually transmitted infection, intercourse, reproduction, heterosexual, bisexual, homosexual, penis, vagina, egg, safe sex, consent, conceive, conception, condom, contraception, contraceptive pill, rape, incest, legal, illegal, crush, fancy, physical, contact, zygote, embryo, foetus, umbilical cord, placenta, amniotic sac, nutrients, labour, vaginal birth, caesarean section (C-section), amniotic fluid, fertilise, umbilical cord	<div data-bbox="759 1142 1010 1406"> <p>Facial hair begins to grow.</p> </div> <div data-bbox="1025 1110 1249 1406"> <p>Boys' bodies start making the hormone testosterone and sperm in the testes (testicles). Boys' voices break and get deeper.</p> </div> <div data-bbox="1491 1321 1861 1401"> <p>If you have a vulva, you might notice it becomes wet in the night from some discharge.</p> </div>	<ul style="list-style-type: none"> > explain the laws around sexual relationships?