Leintwardine Endowed CE Primary School Learning Journey Key 'Letting Our Light Shine' SUBJECT: PSHE YEAR: A TERM: Spring 2 YEAR GROUPS: 3/4 Key Question: What is safety first? Vocabulary to Use Information which will help me Can I....? **Question** Why am I independent, responsible, > describe what Remember - your body belongs to you peer pressure is? responsible? A Drug is .. and you are in charge of what happens to decisions, choices, safe. it. If someone ever tries to touch you in a A chemical substance, natural or human made, that healthy, consequences, What are the place on your body that you are not > explain what a changes normal body functions in some way. instructions, rules, advice, comfortable with, or in a way that does keep yourself and the casualty safe; risks? risky or not feel right, you must tell them to stop, There is no set definition for the term "drug" but this is the one we help, risk, danger, hazard, say it is not appropriate and push dangerous will use in class. stop anyone from getting any further injuries; them away. outcome, peer pressure, situation is? Drugs are used to dare, media, comfortable, You should then tell a trusted adult Cure or treat disease treat injuries quickly and safely; > discuss school straight away so that it doesn't happen uncomfortable, right, wrong, Reduce symptoms of illness How can I again. It's never your fault if somebody rules and how Alter a person's mental or physical state feelings, local environment. seek help from the emergency services touches you in a way that makes you fee they keep us make up my if needed. uncomfortable, and it's very important unfamiliar place, road safe? mind in that you tell someone so that they can safety, pedestrian, crossing, help to keep you safe. situations of zebra crossing, traffic, > lists hazards I risk? might find at cycling, water safety, swim, As we get older, we have the ZEBRA home? dive, depth, railway, train, What do I do CROSSING WALK responsibility to make good choices. danger, electricity, cables. in an > describe what Emergency? responsibility, DRINK a drug is? independence, drugs, DRIVE medication, medicine, pill, CAUTIONA CAUTIONA Our local environment can pose different hazards > can I discuss and dangers to those we might encounter vaccine, inhaler, insulin, safety How can I stay indoors. It is important to take extra care precautions that injection, alcohol, cigarettes, and know everything we can do to stay safe safe at home? can be taken around roads, railways and water. e-cigarettes, lungs, body, when using physical, health, wellbeing, roads, railways impact, affect, emergency,

first aid, 999, paramedic,

scaled, choking, shock.

ambulance, cut, graze, burn,

Danger

Electricitu

How do I stav

environments?

safe in

different

outdoor

or water?

> list substances

around the home

that contains

chemicals?

Hazard: a potential source of dang