

Leintwardine Endowed CE Primary School Learning Journey Key

'Letting Our Light Shine'



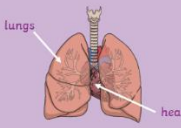
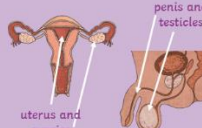
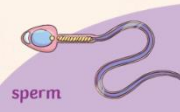

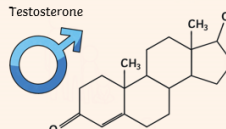
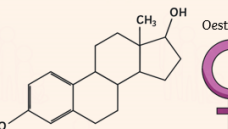
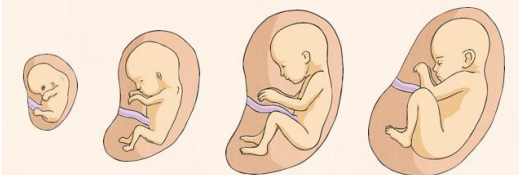

SUBJECT : PSHE

YEAR : B

TERM : Spring I

YEAR GROUPS : 3/4

Key Question: What happens as I grow up?

Question	Vocabulary to Use	Information which will help me	Can I....?
How do humans reproduce?	reproduction, male, female, penis, vagina, breasts, species, womb, uterus, egg, foetus, baby, testicles, sperm, vulva, puberty, testes, Adam's apple, hormones, testosterone, period, genital, menstruation, oestrogen, sex hormones, teenager, acne, ovaries, emotions, feelings, crush, anger, confusion, tearful, worried, anxious, lonely, isolated, attracted, excited, parents, grandparents, offspring, siblings, brother, sister, relatives, aunt, uncle, cousin, gay, lesbian, same sex, single-parent, fostered, adopted, orphaned, married, civil partnership, step, half, bisexual, blended family, commitment, gender, identity, biological sex, asexual, embryo, foetus, umbilical cord, amniotic sac, baby	<div><div>Plants reproduce to make new plants.</div><div></div><div>All living things reproduce – it's what sets living things apart from non-living matter.</div></div> <div><div>Animals reproduce to make baby animals.</div><div></div><div></div></div> <div><div>Some things inside are the same in males and females.</div><div></div><div>lungs</div><div>heart</div><div>But some things inside are quite different.</div><div></div><div>uterus and ovaries</div><div>penis and testicles</div></div> <div><div>The male body makes and stores sperm in the testicles.</div><div></div><div>sperm</div><div>The female body makes and stores eggs in the ovaries, which are joined to the uterus by the fallopian tubes.</div><div></div><div>egg</div></div> <div><div>Testosterone in boys and oestrogen in girls are the chemical messengers that travel through your body at the time of puberty, telling it to grow and change and to start turning into an adult.</div><div><div>Testosterone</div><div></div><div>Testosterone</div><div></div><div>Oestrogen</div></div></div> <div><div>While the foetus is growing inside the woman's uterus, it is protected by a special bag of fluid. This is called the amniotic sac.</div><div>The foetus is getting all the oxygen and food it needs from its mother's blood, through a special tube called the umbilical cord. This is attached to the baby's tummy. It is what becomes your belly button!</div><div></div><div></div></div> <div><div>What can you do when you have difficult feelings?</div><div><div>Get some time and space alone to calm down.</div><div>Do something active – exercise releases feel-good chemicals in your brain.</div><div>Do something you enjoy.</div><div>Phone or visit a friend.</div><div>Write your feelings down – it can help to get them out.</div><div>Talk to an adult you trust.</div><div>Spend time with a pet.</div><div>Go for a walk.</div><div>Count to ten.</div></div></div>	Name the main male and female body parts needed for reproduction?
What happens to boys as they grow up?			Describe some changes boys and girls go through during puberty?
What happens to girls as they grow up?			Describe some feelings young people might experience as they grow up?
How do my emotions change as I grow up?			Talk about my own family and the people I have relationships with?
What are different types of relationships and families?			Understand that there are many different types of families and relationships?
Where do I come from?	Identify similarities and differences between different types of loving relationships?		
	Explain in simple terms how babies are made and born?		
	Identify people I can talk to?		