

# Leintwardine Endowed CE Primary School Learning Journey Key

## 'Letting Our Light Shine'

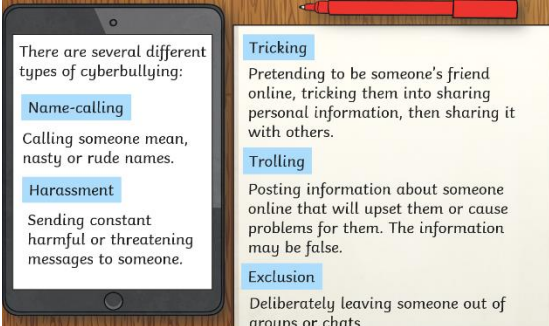
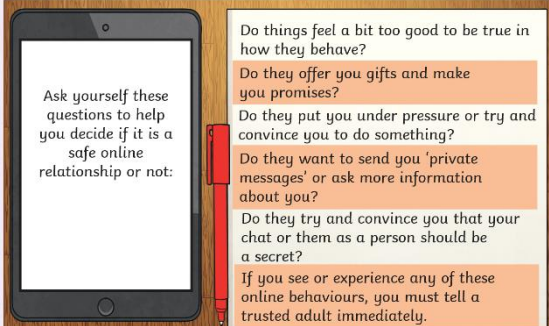
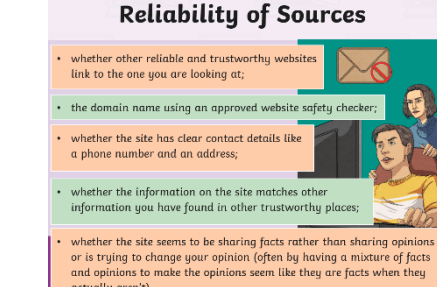
SUBJECT : PSHE

YEAR : B

TERM : Autumn 2

YEAR GROUPS : 3/4

### Key Question: What is digital wellbeing?

Question	Vocabulary to Use	Information which will help me	Can I....?
What is the Digital World?	online, Internet, social media, positive, negative, impact, healthy, balance, happy, safe, unsafe, consequences, share, forward, personal information, private, privacy, respect, kind, communication, wellbeing, digital,	 <p>There are several different types of cyberbullying:</p> <ul style="list-style-type: none"> <li><b>Name-calling</b> Calling someone mean, nasty or rude names.</li> <li><b>Harassment</b> Sending constant harmful or threatening messages to someone.</li> <li><b>Tricking</b> Pretending to be someone's friend online, tricking them into sharing personal information, then sharing it with others.</li> <li><b>Trolling</b> Posting information about someone online that will upset them or cause problems for them. The information may be false.</li> <li><b>Exclusion</b> Deliberately leaving someone out of groups or chats.</li> </ul>	Identify positives and negatives of the internet?
How can I show digital kindness?		 <p>Ask yourself these questions to help you decide if it is a safe online relationship or not:</p> <ul style="list-style-type: none"> <li>Do things feel a bit too good to be true in how they behave?</li> <li>Do they offer you gifts and make you promises?</li> <li>Do they put you under pressure or try and convince you to do something?</li> <li>Do they want to send you 'private messages' or ask more information about you?</li> <li>Do they try and convince you that your chat or them as a person should be a secret?</li> <li>If you see or experience any of these online behaviours, you must tell a trusted adult immediately.</li> </ul> <p>It can be almost impossible to delete anything that has been shared online because it may have been forwarded before being deleted.</p> <p>Information such as our full name, our address, our date of birth and the school we go to is private.</p>	Explain what to do if I experience or see bullying online?
Do I know you?		 <p><b>Remember...</b></p> <ul style="list-style-type: none"> <li>You don't ever have to take part in anything that makes you feel uncomfortable or worried.</li> <li>You have the right to be yourself - offline and online - you never need to do what others say to try to fit in.</li> <li>It's up to us to look after our wellbeing and get help if we're not feeling so good.</li> <li>Speak to a trusted adult about anything that is negatively affecting your wellbeing.</li> </ul> <p><b>Reliability of Sources</b></p> <ul style="list-style-type: none"> <li>whether other reliable and trustworthy websites link to the one you are looking at;</li> <li>the domain name using an approved website safety checker;</li> <li>whether the site has clear contact details like a phone number and an address;</li> <li>whether the information on the site matches other information you have found in other trustworthy places;</li> <li>whether the site seems to be sharing facts rather than sharing opinions or is trying to change your opinion (often by having a mixture of facts and opinions to make the opinions seem like they are facts when they actually aren't).</li> </ul>	Explain ways to communicate safely online and explain how to get help if I don't feel safe?
Can I trust everything I read online?		Assess the reliability of online information?	
What should I keep private?		Explain what personal information is?	
How can I maintain my digital wellness?		Explain why we should never share passwords and private information?	
What should I keep private?	Explain why we have rules and restrictions around the technology we use?		
How can I maintain my digital wellness?	Know what cyberbullying is?		