## Leintwardine Endowed CE Primary School Learning Journey Key

'Letting Our Light Shine'

SUBJECT: PSHE YEAR GROUPS: 1/2 YEAR: B TERM: Summer 2

## Key Question: Why is it important to look after my body?

you name?

Question	Vocabulary to Use
How can I keep my body safe and private? How can I keep my body physically healthy? What food and drink keeps my body healthy? Is it important to keep your body clean? Is there anything unsafe to eat and drink? What is the best way to keep your body healthy and safe?	My body, rules, safe, private, physical contact, respect, underwear, permission, adults, secrets, unsafe, worried, safe, comfortable, active, asleep, rest, relax, play, hygiene, physically healthy, clean, medicine, vaccinations, spreading, allergy, risks, actions, harms, safe, choices, health



Information which will help me

What type of food is cheese?

How does protein help your body?

How would you keep your body healthy?





How can we keep our bodies clean?



What is the best thing to do if someone is sad? Can I....?

Understand how to keep my body safe? Show my body to strangers? Be confident to say no to an adult? Recognise how to keep my body healthy? List what food and drink keeps mu body healthy? Explain why it is important to keep our bodies clean and healthy? List what is unsafe to eat or drink? Explain how to best keep our bodies healthy and safe?