



LONG TERM PLAN for PSHE

Year A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Healthy Me	Being Me in My World	Dreams and Goals	Celebrating Difference	Relationships	Changing Me
Year 1/2	TEAM Relationships	Diverse Britain Living in the wider world	Digital Well-being Relationships	Money Matters Living in the wider world	Safety First Health and Wellbeing	Growing Up Health and Wellbeing
Year 3/4	Money matters Living in the wider world	Aiming High Living in the wider world	Thinking Positive Health and Wellbeing	It's my body Health and Wellbeing	Be yourself Relationships	Team Relationships
Year 5/6	Aiming High Living in the wider world	Think Positive Health and Wellbeing	Money Matters Living in the wider world	Safety First Health and Wellbeing	Growing Up Health and wellbeing	It's My Body Health and Wellbeing

Year B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Healthy Me	Being Me in My World	Dreams and Goals	Celebrating Difference	Relationships	Changing Me
Year 1/2	Be yourself Relationships	VIPs Relationships	Aiming High Living in the wider world	One world Living in the wider world	Think positive Health and Wellbeing	It's my body Health and Wellbeing
Year 3/4	VIPs Relationships	Digital wellbeing Relationships	Growing up Health and Wellbeing	Safety first Health and Wellbeing	Diverse Britain Living in the Wider World	One World Living in the wider world
Year 5/6	Digital Wellbeing Relationships	Diverse Britain Living in the wider world	Be Yourself Relationships	TEAM Relationships	One World Living in the Wider World	VIPs Relationships